

Scientific References



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1. Healthy behavior change and cardiovascular outcomes in newly diagnosed type 2 diabetic patients: a cohort analysis of the ADDITION-Cambridge study
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6. Effects of short-term chromium supplementation on insulin sensitivity and body composition in overweight children: randomized, double-blind, placebo-controlled study
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8. Effect of chromium on glucose and lipid profiles in patients with type 2 diabetes; a meta-analysis review of randomized trials
9. Ginseng therapy in non-insulin-dependent diabetic patients
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11. Effect of Korean red ginseng on arterial stiffness in subjects with hypertension
12. Yale scientists study how some insulin-producing cells survive in type 1 diabetes
13. Effects of oral L-carnitine supplementation on insulin sensitivity indices in response to glucose feeding in lean and overweight/obese males
14. Effects of Panax ginseng supplementation on muscle damage and inflammation after uphill treadmill running in humans
15. Ameliorating hypertension and insulin resistance in subjects at increased cardiovascular risk: effects of acetyl-L-carnitine therapy
16. The effects of L-carnitine supplementation on glycemic control: a systematic review and meta-analysis of randomized controlled trials
17. Pharmacokinetic and the effect of capsaicin in *Capsicum frutescens* on decreasing plasma glucose level
18. The effect of eight weeks of supplementation with *Eleutherococcus senticosus* on endurance capacity and metabolism in human
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