

# Scientific References

- [1. Oral microbiome findings challenge dentistry dogma](#)
- [2. The Oral Microbiome & Its Impact on Every Other System in the Body](#)
- [3. How to Avoid Toxins in Your Toothpaste: 12 Ingredients to Ditch Now](#)
- [4. Probiotic Lactobacillus paracasei shows oral health benefits: Study](#)
- [5. How Probiotics Prevent Tooth Decay: the Case of Lactobacillus Paracasei](#)
- [6. Surprising Benefits of Lactobacillus Paracasei](#)
- [7. Probiotic L. Paracasei Shows Oral Health Benefits](#)
- [8. Live or Dead, Reuteri Bacteria May Offer Oral Health Benefits, Study](#)
- [9. Role of L. reuteri in Human Health and Diseases](#)
- [10. Probiotics in the Management of Gingivitis and Periodontitis. A Review](#)
- [11. Effects of Bifidobacterium probiotic on the treatment of chronic periodontitis: A randomized clinical trial](#)
- [12. Recent Studies Show Benefits of K12 Probiotic](#)
- [13. Applications of inulin and probiotics in health and nutrition](#)
- [14. The Inhibitory and Antibacterial Effects of Peppermint Essential Oil on Periodontal Photogenes](#)
- [15. What is the Purpose of Dicalcium Phosphate?](#)
- [16. Two Studies Find Oral Probiotics Effective in Blocking Plaque](#)
- [17. Bacteria in Your Mouth Can Find Its Way to Your Brain](#)